



**New Customer Registration Packet**

Name \_\_\_\_\_ D.O.B \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Date \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_ Twitter \_\_\_\_\_ Instagram \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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**(If under 18)**

Parent Name \_\_\_\_\_ Email \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

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**Check Program Type**

**Sport**

\_\_\_\_ Monthly Program Design

\_\_\_\_ Baseball

\_\_\_\_ Adult Private/Semi Private Training

\_\_\_\_ Hockey

\_\_\_\_ Adult Group Training Class

\_\_\_\_ Softball

\_\_\_\_ Baseball Instruction

\_\_\_\_ LAX

\_\_\_\_ Youth Personal Training

\_\_\_\_ Other \_\_\_\_\_

\_\_\_\_ Team/Group Training

\_\_\_\_ Other \_\_\_\_\_

\_\_\_\_ Sports Performance Training (age 13+)

\_\_\_\_ Other \_\_\_\_\_

How did you hear of Rockland Peak Performance? \_\_\_\_\_



## **Liability Waive and Release Form**

I understand that physical exercise and/or sports related activities can be strenuous and subject to risk of serious injury, and acknowledge that I have been advised to obtain a physical examination from a licensed physician prior to beginning any form of exercise, personal training and/or instruction as a coach or trainer. I agree that by participating in these physical exercise sessions, personal training and/or sports related activities whether as a participant or a coach/trainer I do so entirely at my own risk.

I understand that the use of Rockland Peak Performance (RPP) facilities, participating in RPP classes and programs whether as a trainer, coach or participant at the facility or at sponsored events outside the facility is at my own risk. This includes, without limitations:

- a) use of all amenities and equipment in the facility and at off-site locations and participation in any activity, classes, program, personal training, fitness coaching, or any other type of coaching or instruction;
- b) the sudden and unforeseen malfunctioning of any equipment; and
- c) any and all instruction, training, supervision or dietary recommendations.

I agree that I am voluntarily participating in these activities and the use of these facilities (fitness training or coaching or otherwise) and premises and I assume all risk of injury.

I expressly agree to release and discharge Rockland Peak Performance, Inc. itself, all owners and members of the Corporation and company, my personal trainer, fitness coach, instructor, acts or omissions of third parties including but not limited to other customers, contractors or employees of RPP from any and all claims, causes of action, or damages for personal injury or property damage, including attorney fees. I also agree to indemnify, protect, defend and hold harmless the related parties from and against all liabilities, claims, actions, damages to my person or personal property, including attorney fees.

I have read this waiver and release, and fully understand its terms. I expressly agree to release and discharge Rockland Peak Performance, all affiliates, employees, contractors, agents, representatives from all liability and waive any right to bring legal action against the organization for any and all acts or omissions including but not limited to negligence, intentional torts, strict liability, breach of warranty and personal injury or property damage or loss.

**Printed Name** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Date** \_\_\_\_\_



**Youth Liability Waiver and Release Form**  
**(Children 17 years of age and under)**

I acknowledge that I am the parent or legal guardian of \_\_\_\_\_ (child's name) and that he/she will be voluntarily engaging in physical exercise, training and/or baseball related activities involving various methods and equipment which could cause injury.

I also hereby provide consent that RPP and its coaches and trainers to be able to provide assistance in the event of any injury in the form of:

- Cleaning, flushing, or soaking wounds on the surface of the skin;
- Using non-prescription topical medication at non-prescription strength;
- Coverings, such as bandages, Band-Aids, gauze pads, etc.; and
- Using hot or cold therapy.

I understand and agree to the all terms and conditions listed above in the waiver and release form and my signature confirms agreement to terms as listed on behalf of my child.

\_\_\_\_\_ I grant permission for group photographs or video of my child to be taken and to be used for instructional purposes, publicity, and/or program purposes, including on our website.

\_\_\_\_\_ I do not grant permission for group photographs or video of my child to be taken and to be used for instructional purposes, publicity, and/or program purposes, including on our website

**Child's Name** \_\_\_\_\_

**Parent Name (print)** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



## RPP Policies

### Cancellation Policy:

- Rockland Peak Performance **requires twenty-four (24) hour notice** prior to scheduled appointment should you need to cancel and failure to do so will result in being charged a full session fee.

### Expiration Policy:

- All purchases have a six month expiration period from the date of purchase, after which unused sessions can no longer be redeemed.

### Make-ups/Other:

#### **Private/Semi Private Session**

- All clients must arrange make-ups with their trainer, provided the 24-hour notice is received.

#### **Team/Group Training**

- There is a 10% team deposit required to save a time slot (refundable at first session)
- Pricing is final
- Athlete must be listed on the RPP roster to participate in Team Training
- Full Payment must be received prior to the start of the session
- Sessions are non-refundable
- All sessions expire at the end of the pre-designated schedule
- There are no cancellations (other than those by RPP)
- Sessions canceled by RPP will be added at the end of the training schedule
- **There are No make-ups for missed sessions – No Exceptions**

### Refund Policy:

- There are NO refunds.
- Dropping out of a program does not release you from your financial commitment.

### Discounts:

- There are no discounts, with the exception of the 5% standard family discount (for active members). An “active member” is any member with a previously purchased non-expired package (not single purchase). A concurrent family purchase also qualifies for a 5% discount on the second purchase.
- There are no family discounts on Baseball Instruction and/or packages , Team and/or Group Training.

**I have read this agreement thoroughly and understand and agree to all terms contained herein.**

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature